

**Strongholds**  
**Part 2 in Series: The Spiritual War**  
**Meadowbrook Community Church**

- The spiritual realm is just as real as the physical realm.
- We live in the natural world, but we are involved in a spiritual war.

**UNDERSTANDING STRONGHOLDS**

*For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ. 2 Corinthians 10:3-5*

*Paul describes a spiritual stronghold as being attitudes, knowledge, philosophies, teachings, and mindsets that oppose the knowledge of God.*

*In your anger do not sin. Do not let the sun go down while you're still angry, and do not give the devil a foothold. Ephesians 4:27*

We need to take thoughts captive that cause us to believe lies about God and yourself.

1. **THE MOST IMPORTANT BELIEF IS TO POSSESS A \_\_\_\_\_ KNOWLEDGE OF WHO GOD IS**

“A man can undergo torture if he knows the Why of his life, but here at Dachau, I learned something far greater. I learned to know the Who of my life. He was enough to sustain me then, and is enough to sustain me still.”  
Christian Reger

It is knowing the truth of God's Word and believing it that establishes your faith and disarms the enemies influence.

**2. THE SECOND MOST IMPORTANT BELIEF IS WHO WE ARE AS \_\_\_\_\_**

The enemy uses the experiences, relationships, and voices of others to strip from us the truth that I can be loved, that I am loved, and that I'm loveable.

*The LORD your God is with you, the Mighty Warrior who saves. He will take great delight in you; in his love he will no longer rebuke you, but will rejoice over you with singing.*  
Zephaniah 3:17